

**INSIDER TEACHINGS FROM THE
BOOK “MESSAGE OF A MASTER”**
**Little Known Application Secrets of Universal Law
Principles for Ultimate Soul Mate Relationships &
Prosperity in Your Life, Now**

By DR. ROBBY

This book can change your life.....

The Message of a Master clearly shows us how we can harness the forces of the Universe and Within to achieve health, vitality, love, purpose, peace of mind and prosperity.

The story is of a miraculous change that takes place in a man after he meets a true “Master of Life.”

He learns and shares these “Secret Teachings” that allow him to access powers in himself so that he can accomplish anything he truly desires.

The original book was published in 1929, and Tenzin has updated the book and made it available as an e-book and as a MP3 and CD.

The book claims that it is your birthright to have anything you desire without limit....

It says if you use these principles wisely and intelligently, there can be no uncertainty as to the outcome of any endeavor nor a limit to your possibilities.

I am such a man who has intelligently used and applied these principles in real life.

If you have read my book *True Love on Demand*, you will see that along the way I had some challenges working with Universal Law.

In fact, I have made some serious mistakes which resulted in me being knocked down really hard and at one point in my life became very sick and ill to the point of death, and bankruptcy. Along the way I lost my wife and destroyed my chances in several love relationships because of my misunderstanding of “Core Principles.”

After I understood the teachings in this book, I went about reclaiming the life I lost and more.

I want people to not have to make the mistakes I made in the years I did not understand how these laws worked. The simple changes I made once I realized these principles made a world of difference for me.

Today I am Healthy, Happy, Prosperous and have the Ultimate Soul Mate of my Dreams.

You can have all these things and more.

The Key is taking these concepts and applying them correctly.

Because of my mistakes and my success with these laws and principles, along with experience as a teacher, mentor and coach, I will assist you in locking in these ideas and concepts so you can “Create the Life & Relationships of Your Dreams.”

The Secret to Turning Theory into Practice

I have been a trainer and teacher as well as a student all my life.

When I was an EMS-Paramedic in the Ambulance, I was a field trainer. My specialty was helping new Paramedics turn theory into practice out on the street.

To apply knowledge and systems into the Real World requires translation, coaching and “application” secrets, tips and techniques.

I was a Martial Arts Instructor and Olympic Coach for our National Team, and after that worked with Champion Martial Artists wanting to

shift their Paradigms so they can Master the World of Reality Fighting and enter the Octagon’s Ultimate Fighting Arena.

As well, I have been a counsellor/consultant/ trainer for the “Develop the Counsellor in You Program.” I ran this program for over a decade, and I found the same experience turning budding counsellors into well-disciplined, well-honed specialists making huge differences in people’s lives who were facing real life relationship crises and challenges.

Again, it all came down to “turning theory into practice.”

It seemed over my lifetime that this was a theme of my dharmic purpose, to help people apply knowledge into the application and integrated practice in the real world.

My knowledge of systems and real world dynamics allowed me not only to be book smart, but “street smart” as well.

My no-nonsense, no-BS, practical approach to things has stood the test of time and allowed me to excel and be a success in areas of my life that I had previously failed or created endless dualities.

When Cucan commissioned me to write a manual supporting the Teachings of Message and the Master, along with the work of herself and Tenzin, I was energized as all of us would be to attract yet another chance to express our highest and best dharmic purpose.

The Universe is expanding along lines of “Ultimate Abundance and Prosperity” in all areas of our lives.

Any work or endeavor that aligns with this greater unseen purpose will strike a chord in the hearts of the mass consciousness.

The works such as Message of the Master are now being reverberated in many other classic books in this genre that are now freely available all over the Internet.

There are groups of enlightened teachers now bursting into awareness and consciousness, as evidenced by the video “The

Secret” being distributed all over the world, and many of the experts in that Video are appearing on shows such as Larry King, Ellen Degeneres and the Late Show.

James Ray, for example, was recently on Art Bell’s Coast to Coast Show with George Norrie, which has an audience of 24 million listeners each night.

This flash point, or as some call it, “the tipping point” of mass consciousness is now happening, which is probably why you are being attracted to this type of material and reading the “Break the Code” package.

You are probably at the stage in your development where you want to create the Love, Life and Relationships of Your Dreams and you are ready to do that now.

You want the answers and you want the code revealed on how to do this without struggle and/or pain.

I am here to demystify and give you the answers in a clear, straightforward manner.

I will go over each principle the “Message of A Master” teaches and put it in a modern-day language and with a teaching and instruction that will make all this crystal clear and easy for you to apply in your life.

I will save you going down blind alleys and/or being off base in any way because of a misunderstanding or interpretation that may not have made sense.

I will give you the big picture and chunk you down to little details that will make a world of difference in actual “real world” application.

My job as your “Field Trainer” and/or Coach is to give you the 411 in a way the makes sense to you and you can apply right away from Part 2 of the book called “The Message.”

With that end in mind, let’s get started right away.

APPLICATION OF THE PRINCIPLES DISCUSSED IN PART 2 “THE MESSAGE”

Principle 1

Keep an Open Mind, Empty your Cup

Frankly, Metaphysical Material doesn't make sense to someone raised in our competitive adversarial system and who has been educated in our world's schools and systems. Anyone with a reasonable, logical mind will at some point doubt and question much of what is being taught in “Message of A Master” and other classic Metaphysical Books.

However, the good news is that when you do understand the underpinnings of the organizing principles, then it will make perfect logical sense, as it does anytime we shift our paradigm.

A paradigm is a collection of beliefs. The paradigms and beliefs we acquire growing up in our civilization force us to focus on lack and struggle.

We are taught to logically use our senses and brain to access external circumstances and then to respond.

In our jobs and daily life, we make hundreds of decisions and responses based on what is happening in our external environment.

To understand how “The Message” works, as well as other Universal Principles, you need to know that we live in a “sea of energy.”

So if you have the vibe for your “Ultimate Soul Mate” and you are broadcasting on that channel or frequency, then your “Ultimate Soul Mate” will receive on that frequency, and you will bump into each other.

Now, logically the odds of meeting your exact perfect mate are low if we were to base it on how our physical and geographical realities are

organized. However, these “Universal Laws and Principles” operate on a different plane.

These Principles work like clockwork in all areas of life and human endeavor. When you want to attract Money, a New Career, Material Possessions and Health, you just follow the procedures and processes outlined in “Message of A Master” and this guide.

The Principles and Processes work all the same in different areas of life.

So what you can see, feel and measure on the physical plane has a “thinking cause” in energy and the quantum field. This field underpins our dimension.

If at our core all of us, meaning all people, places and things are made of quantum particles, then at the basic level we are all energy.

Energy relates to and communicates with other Energy.

So at that level, we are all connected and our vibe will attract a like vibe.

We can communicate at the energetic level with everything and everyone. This is good news when you want to draw something in.

This is the principle of how the “Law of Attraction” works.

If you understand quantum physics, this will help you understand why all these principles and teaching in “The Message” actually work.

If you just base things on what you have experienced or seen, or how you act and react in daily life and how others and things on the surface react and act towards you, your paradigm or viewpoint will cause you confusion and doubt.

You need to understand the underpinnings and substructure of our Reality & Universe.

To look at the “SURFACE” and make assumptions is faulty.

So the Key is to "empty your cup" of what you hold dear as to the way you "think" or "thought" reality operates.

Forget what you have learned and what you believe. Transcend out of the dynamics of the third dimensional reality and start to see the game behind the game and how things really work.

In a "sea of energy," present circumstances don't really matter.

What matters is clarity and intention, which is essentially your "vibe."

Your "vibe" is based on what's in your conscious and subconscious mind, so you need to find out what's in there and how it operates; otherwise, you will be broadcasting a lot of stuff in addition to what you want.

Vibe creates through Universal Law.

I will state this as clear, direct and blunt as possible.

Either you operate from the paradigm of the Creative Plane or you don't.

On the Creative Plane we work with Energy to draw in people, places and things that meet our needs and support our Dreams.

In the Third Dimensional Surface Plane, predicated on the Competitive Adversarial Paradigm, we basically compete, fight and struggle with external forms and people to get our needs met and force our Dreams into Reality with a lot Stress, Strife and Struggle.

I spent years with one foot in the Creative Plane and one foot in the Competitive Adversarial Paradigm.

That doesn't work. It creates a lot of duality (mixed results).

I would read Metaphysical Stuff at night, and by day I would just fall back into the Stimulus Response and Scheming, Fighting,

Planning, Manipulating World of the Competitive Adversarial Paradigm.

This is the plane where we try to get our daily needs and goals met by struggling and forcing people, events and things through various strategies and actions to give us what we need and want.

Don't Bother.

Decide to be Source, meaning you are the Creator of Your Subjective Reality and work with Laws and Principles that govern our "sea of energy."

.....or just Fight with, Influence or Let Circumstances and People Run You and just hope to luck out.

Make a Decision, one way or another.

Pick a Plane, basically.

....and if you agree to transcend to the creative plane, you can easily apply the principles in "The Message."

From there, the next step is to look at the present state of your Conscious Mind & Subconscious Mind Machinery, and then you probably will want to empty a lot of what is in there that is not serving you.

Also in and around the dynamic and game of Relationships, I had to "empty my cup" of the paradigms and beliefs about how these operated as well. I had to learn about "Principles and Laws" that govern Relationships, as well as "Principles and Laws" that govern the Subconscious and "Principles and Laws" that govern the Universe.

So I had a lot of "cup emptying" to do and opening my mind to acquire and integrate New Understandings, Beliefs and Paradigms of how Relationships, Life, Money, the Subconscious and the Universe Operated and what were the true Laws and Principles that governed these areas.

Here is what the Master has to say on this first principle.

“Those who think they know everything will learn nothing. Those who approach a subject with doubt and resistance will learn very little. There is not much hope for them. But those who will take up any subject with an open mind, willing to learn anything that will contribute to their advancement, comfort, and happiness. Are wise.”

“For your own highest and greatest good, your attitude should be just this: ‘I am going to listen to these teachings with an open minded, neutral attitude, determined to gain all the benefits they offer me.’”

So empty your cup and keep an open mind, and take hold of these principles one by one so you can understand and contemplate them to a level where you can apply them easily in your present moment life.

Once you do that, the next step is simple and easy.

So, now you need to organize what you focus on and where your “vibe” is coming from, and that is why one must organize one’s house, which is the next principle.

Principle 2

Clear and/organize your Mind

In the Message it is stated:

“Your mind can be likened to a house that has been cluttered over the years with thousands of unnecessary pieces of furniture, pictures, ornaments and other things, all strewn around and piled everywhere. The result is that although the outside of the house may present a good appearance, the inside is a mass of confusion and disorder. It is impossible to accomplish anything under such conditions, for you cannot go after one thing without stumbling over another. There is no order, No purpose No progress. The first necessary thing to do then is to rid that house of all but furnishing that essential to your success.”

There is a lot of meaning here in that one paragraph.

There are three components to this message:

1. Become aware of the Structure and organization of Your Three Minds.
2. Clean out Your Subconscious and Conscious Minds of Clutter.
3. Focus your Mind on a Specific Target of a Higher Purpose to work with the Universal Mind/Universal Dream Machine.

Let's break it down and update this important message to the level of technology we have now around our Brain, Conscious mind and our Subconscious Mind Machinery.

What is the Structure of The Conscious & Subconscious Mind comprised of, you may wonder??

Today with all the advances we have in these areas, I want to give you a listing of some of the Main Attributes of our Mind.

In our Subconscious Hard Drive there are Paradigms, Beliefs, Decisions, Patterns, Programs, Triggers, Wounds, Unmet Needs, Emotions at Present, Unresolved Emotions from the Past, Identities, Roles and Themes that are all operating under the surface.

In our Conscious Mind, we can have several Streams of Thought, Goals, Dreams, Pictures and Visions and an Internal Dialogue and/or debates that make up and/or litter the landscape of our Conscious Mind and interact with Subconscious Mind and come from the Subconscious Mind, like a two-way street.

The Conscious Mind Field and the Subconscious Mind Field blend into one another like a continuum. They constantly communicate with one another. However, in many cases our Subconscious usually runs the show.

It's better that our Conscious Mind in concert with our Soul runs the Subconscious. However, in our world most people are trained to run all this backwards.

Your Conscious Mind is like "mission control" or "grand central station" where you are getting info and energy from both your senses

and all the stuff in your Subconscious. This “Nexus” or “hub” can be a pretty busy place at times.

Your Subconscious has a lot going on and serves many functions, too numerous to list here. However, it is like a big hard drive and broadcasting station.

It connects to the “Conscious Mind and Body” as well as the “Universal Mind” in a way that is quite similar to how your computer hooks up its Keyboard and Screen and then to the Internet.

So in this analogy, your Conscious Mind is likened to your Keyboard, Screen and Ram, Cache and Memory, and the Universal Mind is like the Internet, and the Subconscious is like your Big Hard Drive.

Don’t get too deep into this metaphor. It is just an easy way to put all this stuff and info together. Remember the Map is not the territory, but a representation of the landscape or actual reality.

Step 1 – Understand the Organization and Content of Your Mind

The first thing we must do is to come into AWARENESS of the “structure and/organization” of our Conscious, Subconscious and Universal Mind Machinery.

Without that you are sort using all this powerful machinery blindly. The message gives us a good base understanding of how these systems work and operate together.

In the Message, you are given many of the Operating Principles of these Three Systems.

In the section on Principle #1, I asked you to empty your cup. This reflects specifically what we want to achieve in Step 2 of this Principle #2.

Step 2 – Cleaning out all the Furniture, Garbage & Baggage in Your Mind that is not serving you

This means taking Inventory and Deleting what is not serving you and/or what will interfere with new information.

When you start taking inventory of what your Paradigms, Beliefs, Decisions, Patterns and Programs, Unresolved emotions, you will probably want to throw most of them out of your system.

It's like cleaning up and/organizing your desktop on your computer.

In our **A+SECRET** Program, we teach people how to understand, clear out and/organize one's Subconscious Mind Hard Drive.

In this program we give a clear understand of the substructure and systems within the Subconscious Mind Field.

Then you are given a powerful "Operating System" that will allow you to easily clean out and/organize all your "Subconscious Mind Files" which include Programs and Patterns that affect the "CREATION" of "Your Subjective Reality and Life Experience."

For now, understand that your Subconscious Mind is Broadcasting all this junk along with whatever you put in your conscious mind.

That is why in Part One of the Message of a Master, both guys who wanted to learn this knowledge had to struggle and persevere until they achieved their meetings with the Master.

What they were seeking was seeking them. However, they both had struggle and roller coaster-type patterns that caused a success and then a setback until they finally pushed through and obtained their connection with the "elusive" Master.

If they or you were to learn first how to operate and clean out your "Subconscious Machinery," your attraction phases would happen much faster, easier and cleaner.

For those of you reading this book, you are on such a journey as those featured in the book.

I have no idea how many books or situations you had to go through to get your hands on this material. However, you are here now.

The point is to make your journey from here on effortless, fun and enlightening.

If you read in *True Love on Demand*, you will see how for years I kept creating duality and what we call “boom-backs” that would knock me off my feet.

This was because I did not know how to run my Subconscious Mind Machinery or know how to operate with the Universal Dream Machine. The focus of my Conscious Mind was off, too!

With the “mind technology” we have today and the understanding you receive in Tenzin’s, Cuccan’s and my books, such as the **A+SECRET**, this will all be made clear.

You can really shorten the learning curve and get to a place of Mastery quickly!

As well as organizing one’s “Subconscious Mind Files & Sub-Routines and Systems,” we need to do a lot of Conscious Mind Refocusing.

Step 3 – Focus and Aim your Mind on a Higher Purpose Goal

We are taught to focus on circumstances and respond from there.

Big Mistake.

We also are taught to focus on what we “Don’t Want.”

Another big mistake.

So we actually have to “RETRAIN” & “REFOCUS” our Conscious Mind.

The Conscious Mind is the CO-CREATOR of our subjective reality, along with the Subconscious Mind Broadcast into the Universal Field.

We need to focus on what we want so that is the first step in getting our house in order.

We also have to pretty much ignore external circumstances, and you do that by understanding that we operate in a "sea of energy," and the actual "third dimensional reality" is just a stage with props and characters which at this present moment have been drawn in by your Conscious and Subconscious Minds and/or by just letting life run on automatic.

This all pretty much has to **STOP!!!**

Otherwise, you have little control on what is created in your subjective reality and experience.

This is what is meant in the "Message to the Master" when we clear out the furnishings that clutter our life.

Once you clear out your furnishings, you need to point your mind to the right place.

You need to become aware of how your Conscious Mind naturally, without training, targets goals, mates, money and career moving from an "Ego" point of view, and that we, in our Competitive Adversarial Mindset, have little understanding, if any, of the concept of highest and best.

In much of our materials on the free blogs we offer to the public and on the private members blogs, as well as many of the books and materials we publish, we clearly establish the concept of "highest and best."

"Highest & Best" is a **"SOUL GUIDE"** OR **"NORTH STAR"** for all your hopes, dreams and goals.

"Highest and Best" reflects your "SOUL'S DESIRES & DREAMS," and WE RECOMMEND that to be at the "forefront of your mind."

We teach a technique of Vision versus Visualization, which is a precise system that allows you into "The Window of Your Soul's Dreams and Desires" which reflects what is "Highest and Best" for you at any given moment or phase in your life.

So if you "retune" your Conscious Mind and your Subconscious Mind to align with your Soul Desires, your Highest and Best that is key to having the "Universal Dream Machine" support all your "Dreams & Hearts Desires."

Right now your conscious mind is probably tuned to react to circumstances, and is probably "running around like a chicken" spinning and flailing to be a servant to your EGO and what is happening in your environment.

Since how we are set up is to be totally "fear based," that focus, energy and vibe "teams up" with many of the Subconscious Mind's "self-defeating patterns and programs" that keep us with the Universal Mind, creating duality in subjective experience.

Whew!!!

You may be wondering, OMG, this may be a lot to deal with.

Now, not to discourage you, but when you do spring cleaning or cleaning up your house after a while it looks pretty bad, but when you attack the mess and start organizing, things fall in pretty quickly and in just a few hours you can get a lot accomplished.

The Universe is set up to Create for Your Ultimate Abundance and Love.

The Message of the "Message of a Master" is clear that you can accomplish all your desires and live your deepest dreams.

When you understand what I am saying here and what is in the “Message of A Master” Book, you will become an “Absolute Master of Your Life.”

Understanding Higher Purpose & The “Highest & Best” Idea

Here is a tip, a tidbit of information that may pass you by when you read many of the works of classic metaphysical texts and modern-day gurus.

If you read Scovel Shinn’s book, “The Game of Life,” she speaks of the “Divine Design” which is our “Blueprint for Highest and Best.”

If you have read a lot of Deepak Chopra Material, he talks a lot about “True Desires,” which means those that are Soul Based Real Desires versus Ego Programs and Desires.

Part of Organizing your Mind is to Align your Conscious and Subconscious Mind Machinery towards your Highest & Best True Soul Desires.

Here is the REAL DEAL of how to Work with the Universe to get a clear signal as to what direction to take.

Now you need to send up your choices and visualizations to the Universe, and you will get back a directive from Source that tunes you in to what is highest and best.

That is what your conscious mind should target.

To get the 411 on that, read the [Ancient Lost Secrets](#) PDF that is included in this “Break the Code” package for the “how to” on Vision versus Visualization.

Now, if the vision you have received from Source persists and is warm and effortless and you have unlimited energy to pursue that, then that is a good indication that reflects your highest and best Dharma.

You job then is to nurture and hold that dream in your heart and mind.

As you proceed along those lines, synchronicity, wild chances of luck and charm dominate your event horizon, doors open and you are totally energized and enthused every moment of the day as you pursue these targets.

This is additionally confirmed when, as you take steps towards some Ego-based desire, you are blocked, de-energized and have doors slammed in your face.

Another telltale sign that you are manifesting an ego desire is that it will create chaos in your life when you get it, and many times things will "fall apart" and you will lose what you had thought you gained.

The Message of the Master wants you to be clear and aware.
The Message wants you to de-clutter.
The Message wants you to go for your Dreams.

Now, the "additional" lesson here I am giving you is to organize clearly your Dream Target in such a way to ensure you are on the "Right Path of Your Soul."

This is for YOU to know deep in your heart and gut that this is something you must do and that it is "Highest and Best" for you and reflects your "Ultimate Soul Desire" versus some "Ego Fantasy."

Here is another "additional" understanding and distinction before we go on to the next principle in the Message of the Master.

If we FAIL TO ORGANIZE & CLEAN OUT our Subconscious Mind house. Even if we do pursue our "Soul Highest and Best Dreams" we will create along the way some "mixed results" and "duality."

Your experiences and circumstances that YOU create in your subjective reality with the help of the "Universal Mind" will give you feedback as to where your Subconscious Machinery is at and/or the purity of your "DREAM" target.

At the end of the day, your "Subconscious Mind House" needs to be organized and cleaned up and you need to be pursuing your highest and best dream.

This means that consciously you have got a "CLEAR TARGET" that reflects "Highest and Best" and that you have no underlying Subconscious Programs and Patterns, Decisions and Identities that will sabotage that.

If you are pursuing your "Highest and Best Ultimate Soul Mate Relationship" with cleaned out and well-ordered Subconscious, with a "CLEAR ESSENCE FORM TARGET," for example, then this will happen easily and quickly.

If you have a clear "Vision" (ESSENCE FORM) that has been downloaded to you "FROM" Source and that you are running a pretty clean organized Subconscious Machinery, YOUR DREAMS WILL TURN INTO REALITY VERY FAST WITH NO EFFORT OR STRUGGLE ON YOUR PART.

When the Subconscious is aligned and reorganized to support your "Divine Design Blueprint," it all happens easily, effortlessly and naturally.

In the "Message" they do not go into this aspect of manifesting in as great detail as I do. However, they give you a good overall understanding of the operating process.

With what I have given you here, the next time you re-read the book, you will have a higher perspective of what the author is trying to teach you.

So to summarize this Principle and Step:

Start Housecleaning and/organizing your Conscious with a CLEAR ESSENCE VISION TARGET and a "CLEANED OUT, WELL ORDERED" Subconscious Mind Systems, for the Universal Law/Mind just reflects back what you broadcast and focus on.

Do the Three Steps Outlined above.

And that leads us to Principle 3 that you will discover in Part 2 of “The Message.”

Principle 3 Hold Firmly Your Mind Picture

First, of course, as we said in the last principle, make sure your picture is one that is your “Highest and Best Vision versus an Ego Visualization.

Now, let’s go over the lessons given in this section in the Message that teaches you how to hold and work with that picture effectively.

Let’s quote the “Message of a Master Book” here again to focus on what the teaching is about.

“It is necessary at this point to get one fact clear, for it is the fundamental basis from which we proceed, and that point is this: Mind, no matter what form it is apparently contained in, holds images and pictures. And any picture firmly held in any mind, in any form is bound to come forth. That is the great, unchanging Universal Law that, when we cooperate with it intelligently, makes us absolute masters of the conditions and situations in our lives.”

Again, a very strong clear Message from the Master.

So you are probably wondering, Rob, is this really true?

Well, YES, but it may not be how you are first thinking.

Let’s examine the next important point the Master reveals.

“If this is true, why don’t all our wishes or thoughts appear? Many of them do, but because of our lack of awareness, because of our ignorance of Universal Law, they pass unnoticed. Then again, many don’t manifest at all. I can use your knowledge of Radio to illustrate why. Have you ever wanted to tune into one particular station when there were one or more other stations competing for the same spot on the dial? The result is a jumble of confusion. But if you reach that station when the others are temporarily off, you get it clearly and your desire is gratified.”

So you can see why de-cluttering and “CLARITY OF TARGET” here is very important.

Let’s Continue with what the Master was saying at this point.

“In just the same way, if our thoughts or desires arise at just the instant when there are no conflicting thoughts present to nullify their power, the mind, instead of being divided among many thoughts, throws a great force behind that one desire. That desire becomes ‘out pictured’ or externalized.”

Here is the Key to having just one Soul Desire that has come in a form of a Picture to hold on to with no other conflicting images.

This takes a strong “DECISION TO COMMIT” to just ONE OUTCOME.

In the next paragraph the Master gives the **SECRET** of going into the GAP. This gem is priceless:

“You have all experienced times when your Mind became a complete blank for just a moment, and you found yourself staring into space. If at that instant it were possible to inject any wish, any desire, with sufficient force, nothing on earth could prevent it from coming forth, very quickly.”

The **SECRET** to Manifesting is getting clear on one target and letting go. Holding firmly means to get clear and then let it go and DETACH.

It’s like pulling the string on a “Cross Bow” and then pulling the trigger and letting the arrow fly.

This is a “Key” for installing your desire in the “Gap.” If you have read many of Depak Chopra’s books “releasing desire into the Gap” is a key fundamental step for manifesting what you want.

To be in the gap you need to be in the “Now” and you need to be very calm, nonchalant and detached.

If you read books like Eckhart Tolle’s “Power of Now,” you will learn to break from constant thinking that draws one into the past or future.

Creation happens in a moment, the moment is Now.

It's sort of a matter of fact, off the cuff kind of present moment attitude which really translates to the Universe.

While the Manifestation is happening, you can hold the idea and Vision in your heart with love and care as you would an embryo or baby that is developing, but it does not mean obsessing about it.

The Creation is out there traveling on its own and will return to you in Concrete Form in your subjective experience.

It's revealing in your existence for NOW, you own it and have it already. We have all potentials in our being at any moment so it's just a matter of revealing it or bringing it up into your present subjective reality.

The reason we can do this and have this amazing power is revealed in the next Principle.

The Master reveals this **"SECRET"** right in the next paragraph at the end of this chapter.

Principle 4 You are Source

Listen carefully to what the Master writes next:

"Now, what is the cause of the confusion prevailing in your mind that weakens your thought? It is the false belief that there is a power or powers outside you greater than the power within you."

I have a lot to say about this one small paragraph that is very easy to overlook and/or not have registered.

It's almost like the Master slipped this in quietly, but it is one of the most profound statements in the study of Metaphysics.

Here is the concept or principle that flies in the face of everything we are taught in school, religion, science and real-life experiences.

How can we be "SOURCE" or "GOD" or the "ROOT of all POWER"?

I read this idea first in a book 25 years ago call "Three Magic Words" by U.S. Andersen. Upon hearing the conclusion and climax of the book that "We are God," I thought this was insane and threw the book across the room.

For everything I have experienced since then and what I have learned and applied, the statement I thought was first poppycock is actually quite TRUE.

We are the Centre of Our Universe, and we are the True Source Power of our Subjective Reality.

This is the key PARADIGM SHIFT we need to make if we are to apply the principles taught in the "Message" as well as any of the teachings myself (Dr. Robby), Cucan and Tenzin teach.

Let's go back to the "Sea of Energy" Model I spoke of earlier in this book.

If the Universe is a "big field" or "sea of energy," we are a little spark or mini field of this big field with all the same attributes.

We do have dominion over our Subjective Reality.

Are we able to shape the Planets and Stars, the Sierra Nevada Mountains, and whether Nick and Jessica get back together?

Probably not.

HOWEVER, we are in total charge of our Subjective Life Experience and Reality.

I have proven that over and over many times in my life. This is not theory or conjecture. It's absolute FACT.

Circumstances don't make the man or woman; they reveal them.

We can shape the energy that broadcasts from our Conscious and Subconscious Minds, and that will have the Universal Mind/Law automatically reflect back the characters and forms that will create this in our subjective reality.

So we are the Creator of our own Universe.
We are Source.

The Master continues to confirm all this:

“If through a system of practice, conditions within you became such that every constructive thought was automatically externalized, you would be master of all conditions or circumstances that affected your life.”

The **SECRET** of doing that is getting your Vision and holding that gently in your being after you have released that Vision into the Universal Mind.

As the Universe “handles the details,” the essence of your Vision will come back and manifest in the “highest and best form” for YOU.

Principle 5 The Picture is the True Real Form

The Master gives us the next step and principle in Chapter 9.

“The consciousness or fixed picture in mind of anything, any condition, any circumstance is the actual thing itself.”

This to the logical mind and to anyone raised in mass consciousness would probably make no sense at all unless you understand you are Source and this part of YOU is the REAL YOU and is Forever.

And this part of YOU is the “TRUE YOU” and is the Creator of Your Subjective Reality.

The Master goes on to give a wonderful analogy to that of an artist creating pictures in the mind that are out-pictured/manifested into reality.

"What you experience through the five senses is the mental image out-pictured or made visible or tangible, the same as the artist who puts mental pictures upon the canvas."

"The Hand of God" or the Universe Law (Universal Mind or Universal Dream Machinery) paints the mental images that you hold firmly in your mind upon the canvas of real life in the third dimensional reality.

Now, if we are Source, then we are like the artist that paints the pictures on the canvas, we create the subjective realities and experiences of our life which soon pass.

However, we as "Source" is, "the long standing reality."

So our focus must be FROM SOURCE as opposed to TO SOURCE within or outside of us, for we ARE SOURCE and we don't pass away or change like the Creations we CREATE.

All possibilities exist within us, our job is to create into this third dimension those ONLY possibilities that reflect our highest and best.

Our job is to develop a "focus and consciousness" so we can do that effortlessly.

Don't plead or supplicate to some higher authority. YOU are the "HIGHER AUTHORITY,"

YOU are SOURCE OF YOUR OWN LIFE & SUBJECTIVE REALITY EXPERIENCE.

So the Master here is saying that we are a "Spirit" or "Soul" or "Source of Energy" that creates our body and our subjective environment through our DNA, Subconscious, Conscious and Universal Mind.

We are "Sparks of Divinity" as Depak says.

All the externals change, but we remain the same and we create our external life, body and reality.

Read this passage with this new idea in mind.

“Now, which is the real body – the one that remains pictured or imaged forever in mind as long as you exist here, or the one that decays in its entirety and passes into the earth every year? And which are the real things – those things imaged or pictured in the mind, or those things seen in the outer world that disintegrates after a short existence.”

Wow, this really locks down the idea that we are the “Centre” or “Source” which creates, expressions and creations on the canvas and landscape of our subjective reality.

We do this with our imagination, pictures, words and feelings that vibrate (vibe) through our conscious and subconscious mind fields into the bigger Universal Mind Field that draws in like forms into our existence through the Law of Attraction. As we change our mind, pictures and feelings, different forms and characters dot our subjective landscape and reality.

Now, just before the Chapter ends, the Master slips in another powerful lesson and principle which again could be easily overlooked upon first reading.

Listen and read this next passage and principle. It’s about having FAITH and a Clear Understanding that we “Create our Reality.”

Principle 6

Have Faith in the System & Your Power

The Master quoted the following insight

“I don’t wish to mislead you with the impression that the outer world is of little or no importance in human achievement, but it is only secondary. A fundamental knowledge of the operation of the mind is of primary importance to you at the start.”

The “Master” wants to understand clearly that YOUR Power is from Source and that Existing Circumstances are just reflections of what is in your Conscious & Subconscious Mind.

The Next Passage from the Master is a call to have FAITH.

“I wish it were possible to clearly explain, so that you could easily understand, the process by which a picture in mind becomes objectified, but it would require hours even to make an effort in this direction, and then I might only confuse you. For words are feeble things when one attempts to explain these deeper things of Universal Law. You must gradually and patiently advance up to them and into them to really understand. Fortunately, it is not necessary to know this to use the Law any more than it is necessary to know the law by which the sun’s rays are transmitted to earth to enjoy them. You have faith in my sincerity of purpose. Very well, put the same amount of faith in the power of this Law, and anything you undertake will be possible to accomplish.”

He wants us to have FAITH in what he is teaching and FAITH in the System of how we “shape our reality” through Universal Law and the FOCUS, IMAGES, AND FEELINGS IN OUR MIND AND BEING.

As you can see, he comments that as you experience it more you will understand it more as time goes, but in the meantime to use it just requires you to be aware of it but not to know its inner workings.

So it’s like a light switch, you just have to flick it on to use it even though you may not understand fully the principles of wiring and electricity.

FAITH is using this system that we may not fully understand and in ourselves and our Power to create our Reality.

The next Chapter and set of Principles are about focusing The Power of the Inner Mind.

Principle 7

Direct Your Source Power Intelligently

We are connected and are “The Source of the Greatest Power in the Universe.”

As a “mini me” of the Universe we have access to the same Creative Process as the Universe itself.

We are one with this great power and have dominion over our own “subjective reality”.

With great power comes great responsibility. However, first we must appreciate what power we truly have.

The Master speaks on this point, listen:

“You may have heard it said that there are many minds, but such a statement is merely an idiom, a common expression. There is nothing in science or reality to support such a statement. There is but one mind, as there is but one electricity or one atmosphere. The many minds referred to are but a multiplicity of expressions of the one. We use mind as we use air or electricity – as our individual needs require.”

The Master then goes on and describes three minds to explain how we can work with this great power.

“The Deeper Mind which I understand as the Part of the Subconscious Mind that runs the body, the Outer Mind which corresponds to what I have labeled as the Conscious Mind and the Inner Mind which is the Part of the Subconscious that broadcasts and works with the Universal Mind.”

The Master gives an another analogy of the Inner Mind being compared to the great power of electricity.

“I can explain the nature of the Inner Mind by comparing it to electricity. As electricity is the great power in the world, so the Inner Mind is the greatest power available to you. Neither operates independently: both depend upon a separate agency to incite them to action, and both bring helpful or harmful results according to the wisdom or ignorance with which they are directed.”

This is the Key for understanding this Principle. We must intelligently direct our Inner Mind Power.

We also have to understand clearly the “Relationship” between the Outer Conscious Mind and our Inner Subconscious Mind.

Go over in your mind what the Master teaches on how to work effectively with the two phases of mind.

“You can see how important it is, then, for the Outer Mind to unite with the Inner, and cooperate with it! If this were the case in human activities, people would be masters of their circumstances, instead of slaves.

“Why aren’t we all masters of our circumstances in life? For this reason: The Outer Mind forms a desire this desire is automatically taken up by the Inner Mind, which immediately set to work to bring it forth. But the Inner Mind scarcely has time to turn its great force in that direction before the Outer has either found a new desire, or has conjured up illusionary obstacles to the desire. The Inner Mind, not being on the surface, not in contact with outer things and consequently dependent upon the Outer Mind for guidance, is forced to divert its power. And so it goes, on and on, like leaks in a steam pipe, scattering its wonderful power everywhere but getting nowhere.

“Why is the Inner Mind thwarted in this way every time it moves toward accomplishment? Because the Outer Mind judge’s everything buy what the eye and ear report, and transmits those messages to the Inner Mind.

“What do we find people doing? We find them taking pictures of what they experience daily in the outer world, then printing those picture upon them selves within. Their procedure should be the reverse.”

So we are “done in” by the “apparent” reality of our circumstances.

Our logical mind looks around and sees what we don’t have and probably a lot of what we don’t want.

That tends to control our focus and we, like a “photocopying machine”, keep printing and creating the same reality or slightly different forms of it I over and over.

So we need “Conscious Mind Control” here and a good cleaning of our Subconscious.

This because the Subconscious has all these patterns and decisions internally that keep broadcasting along with the “Conscious Mind” focus, and no wonder we get a lot of stuff we don’t want and fail to get what we want.

This is a “KEY POINT”!!

What is in Your Subconscious Broadcasts along with what's in Your Conscious Mind.

So you have to be aware and in control of what both Minds are Broadcasting otherwise you will keep “getting what you got “ and or a mixed duality of what you want and what you used to get.

Plus if you add to that mix some fear and doubt our logical ego mind that says, “Hey, how in the heck can I manifest a blue-green Range Rover if I can’t even pay my electric bill?”

With that “consciousness” we can’t get what we want easily.

How can we “Stand Back Our Reality” and have the FAITH to “Bend Circumstance”?

How do we eliminate fear, doubt, changing your mind, getting distracted, and having multiple images so the Inner Mind & the Universe get the wrong message?

Here is a tip:

Hold Gently your Vision and Vibe with Detachment knowing your Source versus coming from a “Fear Based Powerlessness” that creates a Wishing, Pleading type of Obsessive Thinking, Forcing, Hoping and Praying to some “capricious, external” Universe or God for a Favor.

Your job is to “Reveal” what is rightfully yours and what you have now in your Divine Design Blueprint.

That is your Highest and Best Good.

We do that by holding that “Vision” and releasing that into the Universal Mind

Let’s continue and see what the Master has to say along these lines:

“We have the capacity and the power to create desirable pictures within, and to find them automatically printed in the outer world of our surroundings. And it is a

simple process, as you will see later. When we can do this, we have mastery. And not before.

“Well, then, you would think that what we need to do is to discipline the Outer Mind, because it seems to be the offender. And that’s right. But because it encounters thousands of experiences every day, ordinary methods of training may require years to accomplish results. Or, at best, such training would be a long, drawn-out process. There is a quicker and better way, a method that makes skillful use of the Outer Mind. And the first step in this method follows.”

In the next principle the Master reveals the Secret to focusing the Conscious Mind.

Principle 8 **A Set Definite Objective**

The Secret the Master reveals is that you need to have a picture of where you are heading and hold firmly that destination.

The Master reveals the following on the benefits of having a “set definite objective”:

“The set definite objective firmly imaged or pictured in mind immediately whips the Outer into line by giving it a fixed duty to perform. This, automatically, without any effort on your part, infuses it with the positive quality of the Inner Mind. And, again automatically positive conditions and individuals are attracted to you as surely as steel particles are attracted to a magnet. That is the first reason why a set definite objective is necessary.

“Second the atmosphere is filled with millions of upon millions of thoughts, forever in motion. The hundreds of radio stations in this country, all broadcasting simultaneously, give you a slight idea of the thoughts in the air. Every human being is a broadcasting station and everybody is a receiving set.

“People who have no set definite objectives are tuning in to everything and getting nothing. They are unfortunate indeed, for they are at the mercy of millions of conflicting thoughts, and their lives are full of confusion and distress.

“People who have definite objectives, on the other hand, deliberately tune into one thing. If it is money, they get it. If it is position, they get it. Nothing that such people tune in to can be withheld.

“Third, when you set your mind on anything, whether it be small or large, tangible or intangible – a pencil, a hat, an automobile, a home, great riches, an education, a profession, or travel – you transfer a portion of your life force to that thing, otherwise it could not be drawn to you. And you continue to nourish it as long as you hold it in mind, and the intensity of your desire governs the power with which the force is directed.

“So you can see that if you direct that force at several objectives, it becomes divided, and each objective receives a fairly weak stimulus, which results in a slow reaction, or no reaction at all.”

I manifested a beautiful home we call the “Bairdmore Home.” It was a very large, brand new house, in a fancy area. If this house was in LA it would be worth millions. However, our prices here in our City are not so high; however, for us it was still quite a stretch.

This was about six years ago and I was pretty competent and confident in using the Law of Attraction and so I made this target my “set definite objective.”

One of the things I do in addition to what the Master teaches is I use the Picture to Create a “Vibe” in my being and I hold on to that Vibe or Feeling.

I then let it go and detach, and it’s there just in the back of mind gently.

If I focus on it at any time of the day when I remember, the feeling and vibe wells up in me along with a gentle enthusiasm.

Within a couple of weeks we got that home and shortly thereafter we moved in. The Universal Law is very practical and powerful.

This was a large target, and even though we manifested it, I Sold it shortly thereafter because at the time I did not really appreciate the next Principle the Master teaches.

I had the consciousness to Attract it. However, I didn’t have the consciousness to keep it and deserve it.

In the "Power of Thinking Small" which is one of our bonuses in the *True Love on Demand* Package, I reverberate what the Master says in the next passage which is the next principle.

It was a lesson I should have been aware of when I manifested such a large home.

Principle 9 Go Step by Step

Here is what the Master quote's on this subject:

"Do you have a great, ultimate goal to reach that requires attaining lesser objectives along the way? Well then, let the many lie inactive and direct your force at the nearest or first: Once you accomplish that, take up the next, and so on."

It's sage advice, I wish I would have retained that passage six years ago, because once we manifested this big beautiful home Melody and I looked at each other and realized we could not afford the upkeep and the taxes. The overhead was above our monthly ability.

Obviously there was some EGO Desire here mixed in with a Soul Desire. For that time period of our life it may have been "Highest and Best." However, we did not have the consciousness to sustain it.

With the Universal Law and Principles the house was drawn in and delivered, like ordering from the Quantum Store or Sears. However, we were missing a step or piece of the puzzle.

So I really got down how to access the Power and the Law of Attraction, but I didn't ATTRACT what I needed to "Sustain" it.

Lots of People do the same thing with Soul Mates.

They attract in someone they really LOVE & are ATTRACTED to but they have not ATTRACTED THE CONSCIOUSNESS AND LEVEL OF RELATIONSHIP MASTERY TO KEEP THEM.

I did that with my first girlfriend Cindy. She was perfect for me in so many ways. However, I did not have the level of “Relationship Mastery & Relationship Consciousness” to keep her.

The same was with the Bairdmore House. It was perfect for us. However, even, though I could ATTRACT it, I didn't have the wherewithal to keep it.

We truly wanted a nice home at the time but we had forgot to manifest first the income, although we had good down payment and cash from our other successful ventures, but we were a bit out of our league for the monthly upkeep.

We did not have the Consciousness and the Deservability to keep it in our Life.

We did not have the Focus & Consciousness to “Attract the Systems that would “Create a Regular Monthly Income” that could easily handle the monthly bills, upkeep and taxes.

If we had “DONE THAT STEP” in between we could have handled it easily. However, the ego pushed for using the Power and Law as well as probably a bit of showing off.

We also didn't have the “Paradigm” to “Accept this Good.”

That was evidenced by the fact that we buckled into the opinions of family and friends around us when we mentioned we were shooting for this house, which is a direct violation of the next principle the Master teaches.

Principle 10 **Secretiveness**

At the end of Chapter 12 the Master reveals the value of Secretiveness:

“The Value of Secretiveness lies in the fact that, being impersonal and universal, the ‘I’ throws its power in with whatever words it is coupled, and when your plans are expressed verbally, they become released and their force is spent. The Outer Mind has found a way of escape, and your purpose has lost its necessary momentum.”

So when you “babble on” about what you are about to do, you may risk reducing the power of the Subconscious Mind by opening a way the Outer Mind can release its focus.

What happened to us re the “Bairdmore House” was that those around us would say things, like, “Wow, How can you afford that house?” And in fact, my parents suggested that we should not spend so much on a house each month so this started to work away at us to create FEAR & DOUBT.

If we were to insulate ourselves from the herd and focus on a solid increase in monthly income, we could have easily afforded the property.

The realization and learning after this experience was for me to Create the Income and build a strong foundation and then manifest the essence form of this desire.

I could have done this SECRETLY and only once we were firmly established in Income and in the home opened up the ideas to others.

There is a Chinese Proverb that I will paraphrase “The Man who doubts must make way for the man who is doing it or has done it.”

With the recent appreciation in Real Estate Values, if I had kept that home and created the financial support for it I would have benefited in many ways. Today, it would be worth double now what I had originally paid.

Based on my level of consciousness at the time it was not highest and best. My level of consciousness needed to incorporate a purity of desire without the EGO and our assumption that the Universe would just provide the income with out asking was a mistake.

So we did not focus on the right sequence of steps and follow the sound advice of the Master around the principle of Secretiveness and keeping what we are doing to ourselves.

Now we are going back to the beginning of the Chapter 12 to illustrate the next principle.

Principle 11

We, I and the Universe are all One The Power of Declaration

The Universe is just a “Big Quantum Field” or “Ocean of Possibilities.”

We are likes drops or mini fields in this amazing “Sea of Energy.”

We are innately connected and one with this “Incredible Power.”

We are one with Infinite Intelligence and we are Infinite Intelligence.

NOTE the Master’s teaching on this point on how to connect with our Source Power.

“When you declare ‘I am,’ ‘I will,’ ‘I did,’ you are making a profound and mighty statement. There are very few who realize the power released when the ‘I’ is expressed. Hear the great proclamation, ‘I AM THAT I AM’ which has lived and resounded through the ages and which, when understood, unites each one of us with that impersonal, universal power.

“The body you have is personal but the ‘I’ you express is universal, for in all the universe there is but one ‘I’ as in all the universe there is but one number one.

“From what I have said, you should be able to see this: When you work in the Outer Mind, you are working from a personal, limited standpoint. When you work in the Inner Mind, you invoke and receive the help of the impersonal, unlimited resources of the universe.”

This is the KEY point of Shifting into a mindset that can access Universal Power. The NEXT QUESTION of how we can apply this practically that most of us have at this point is “Answered” promptly in the next sentence.

“Well, you ask, how am I to arrive at this state? Easily I say: by merely following the system of practice I am outlining, you naturally gravitate into it unknowingly.

“Since the great and mighty ‘I’ is, when expressed individually, none other than yourself, you can see what power you have at your command. You can see what a wonderful being you are. You can see that you are now a master, not yet developed perhaps, but the qualities are there waiting to unfold and be of use.”

So you can figure out by now we have the Conscious & Subconscious Machinery that interfaces with the Universal Dream Machinery. However, at this point we may not know how to use it property.

With several of the principles we have illustrated so far we are pretty much on our way to being our own “Wizards.”

What we have learned in this principle is that we must “Declare” what we want. The Universe will not read our mind and do the “Decision & Declaration” for us.

That is our job. We are the “Merlin of our own Creations”

So be bold. Commit to One Desire and State it Clearly. Use the Power of “I” and use it wisely.

Principle 12 Intensity, Focus, Gentle Persistence

These hidden insights of this Principle in Chapter 12 are sandwiched in-between the concepts of being one with the Universe and the Power of Secretiveness.

I have rearranged the order of how these concepts are actually presented in the “Message of A Master” so your brain can integrate them from a different point of view and sequence.

When learning this type of material it is important to do that as well as the master suggested changing up the words. Remember this passage from Chapter 7:

“There are times when the changing of words makes an idea more clear or more appealing to different people. If you find that replacing my words with your own makes a statement clearer or seems to fit in with your beliefs or mental makeup, you may do so freely.”

As well, changing the order of things and putting them in a sequence that suits your learning and understanding better is quite acceptable as well.

Here the Master explains these Three Insights:

“You might question the value of such a detailed explanation, but I have a purpose, and that purpose is to force you to think, to think deeply, with intensity. Don’t confuse the word ‘intensity’ with ‘tenseness.’ Tenseness implies mental strain, and arises out of fear and anxiety. It is destructive to both mind and body. My use of intensity here suggests mental force or power and its results are constructive.

“Your progress depends upon your degree of sustained intensity in a given direction.

“You know that progress is becoming very rapid these days. We must travel as rapidly as the world or give up, and when we give up we immediately begin to backslide. To enjoy enduring success, we should travel a little in advance of the world.

“The persistent inner urge in humanity to reach an objective more speedily eventually crystallized and out-pictured itself in the form of an automobile which was the first big step in fast transportation for general use. But since it is the nature of Mind to forever reach for greater achievement, the airplane came into being. And thus Mind moves and thus it will move forever.

“Open your eyes and look around you and you can certainly see the trend. Mind is forever reaching out, and has not stopped at the airplane as a rapid mode of travel. The person who know the Law and uses it is supreme: those that are ignorant, who refuse to see this, just remaining bondage to their false beliefs. It is so important, then, to learn to think things through rather than follow the time worn method of attempting to force them through. One is mastery and the other slavery.”

The Master said a lot there and along with the Three Insights gave an explanation of the “Expansiveness of the Universal Mind” and an

urging to keep not only pace with the advancement of society but to mental move in front of it and beyond.

There is a default directive of Universal Mind, which moves towards an “Increase in Life.”

If you read “The Science of Getting Rich” by Wallace Wattles, you will see that concept reverberated.

The way I view it is that the Universe has a default setting to “Increased Self-Love” and “Increased Abundance” for all in all areas of life.

A continuous upward spiral of expansion of “Highest & Best.”

A little “**Secret**” I use personally to stay very young, alert, aware and slightly ahead of the curve is to align with young generations’ mindset.

The Baby Boom Echo Generation, what is called Gen Y has now replaced Gen X and the Older Baby Boom Generation with many of the advances and mindset changes especially in Pop Culture & Technology.

To keep abreast of where the “Creative Process” is used daily in the world is to understand what’s happening in Entertainment, i.e., Movies, Music, TV, Technology, Medicine, Wellness, Cultural Arts, Science such as Quantum Physics, Psychology and Metaphysics.

You will notice the “TRENDS” that are evolving in all those areas and when you have an understanding of these trends and principles then it’s easy to keep pace and be “above the crowd.”

If you harmonize with the young mindset, you can easily join in and be a part of the expansion and creation along fronts that you truly are passionate about and have a sense of connection and purpose with.

Oh, cool, I just saw a flyer for the new cell phones, that have Digital Cameras and Video Recording, Mp3 players, Internet Browsing, Song Ring Tones, Watching TV & Movies, Listening to FM, Vending

Machine Credit Codes, GPS, XM Satellite Radio, Blue Tooth as well as E-mail and Info Organizers all built in to a cell phone the size of a Chocolate Bar.

If I hadn't kept pace with all these developments as they came out every few months and was to look at cell phones now I would have been overwhelmed by the technology and my consciousness would not have been able to adapt and handle and manifest a highest and best form of this for me.

So that's an example, it's easy to keep pace and see what's coming when you dynamically interact with the advancing man/society/universe.

So let's go over these Three Insights from what I have learned over the years in applying these principles to manifest the Life & Relationships of My Dreams.

What do you think is meant by Intensity?

I have always been known as an Intense person. However, a lot of that is because I was wound up and aggressive. So I was Intense & Tense.

This is NOT the energy for effortless manifestation.

I have been able to go internal and think things through quietly in my mind. This is known as the power of concentration.

However, concentration is not mentally thinking hard and squeezing your forehead tight trying to force out mental waves to impact the Universe.

It also doesn't mean doing some outrageous spiritual or metaphysical mumbo-jumbo like some chanting or standing on your head doing mantras.

This is all pretty silly stuff, doesn't work to impress the Subconscious and Universe.

It's just the showbiz of various human concepts and/or organizations.

The key is to go "inside the room of your mind" basically to get clear to Visualize and Get the Vibe of what you want or receive the Vision and Vibe of what's Highest and Best for You.

Read that line above again; it's really the KEY to connecting and interacting with the Universe.

To go internal and focus is not full of effort or struggle. It is supposed to be an easy, gentle, natural process of thinking quietly and not letting external distractions divert your attention.

There are times when I can do that easier. Like now when I am writing I am going in and out of that process.

I could turn away from my writing right now and contemplate what I want as I am looking at the Best Buy and/or Circuit City Flyers.

I could easily enter into an interaction with the Universe to send up choices of what I feel may be highest and best XM radio I could get for me.

In a few minutes or few hours or the next morning, I will wake up with a clear directive and Vision of what is highest and best for me.

My Vision would include an urging or energizing to get a certain Satellite Radio or maybe to get Sirius instead of XM and get that in a stereo tuner or not even to get XM or Sirius but to sign up Online for "Thump Radio." And set up one of my computers for Stereo and Personal listening options.

This is a fun example. However, you can apply this process to anything you want to manifest.

Are you understanding the "Interactive Process with the Universe that involves going internal, getting clear and communication with Source?"

This is the start of the Process of how we manifest, acquire and create what we want.

So Intensity and Concentration can be words to describe it. However, I like to think of it in the following manner.

It's a gentle, easy, fun interactive process with “Source,” which is really an extension of YOU.

Remember you can manifest anything that is Highest & Best for You. The Next Insight about Focus is straightforward.

For if in that example above, I kept losing focus or adding on stuff, like I got to get an “Ipod boom box” and a New 24” Screen Mac Computer, I would be already creating several broadcasts.

And oh, if I continued and thought, I should check out the new LG Chocolate Phone, I would be losing concentrated focus on one definite objective and would be overwhelming myself and the universe with multiple directives.

So it would be like tuning in or broadcasting on several radio frequencies or radio stations at once.

So go step by step and stick to one thing at a time. Get clarity back from the Universe as to what is highest and best and just work with that one “Vision.”

As well when you focus on something, you have to be in it, mind and body.

Just “Don't” go through the motions. It's like weight lifting; you are not just cranking up the weight, but you are aware of what you are doing and your mind is in the muscle.

Get into it, so focus is a complete experience.

And we recommend you focus on one thing at a time and put all your imagination and thought into what you are doing.

Another way of stating this is "mindfulness." I read in a Dan Millman book years ago a passage about him learning about mindfulness when he was putting on his warm-ups over his sweats while not thinking about what he was doing, and he fell down in front of his students which caused him great embarrassment because he was teaching poise and grace at the time.

So the Key is "mind what you are doing."

The third insight around sustained intensity, which I would call Persistence or "stick-to-it-tiveness," is a idea I have a lot to say about and I may differ slightly with how I view this as does the Master on this.

In the first part of the book, you can see that both men who pursued the Master and who wanted to gain his knowledge were pretty much on the verge of desperation.

I have seen many desperate men and women pursuing love and success in my years as a Counsellor/Consultant/Guru.

I can tell you that mindset and attitude WASTES A LOT OF ENERGY.

There is "No" room for desperation in these matters.

One must be detached, light, at peace and with just an attitude of a knowing confidence and emotional steadiness and calm.

Once you have built up the Desire and Created a Vision, it is Released into the Universal Unified Field.

We then move from a male-oriented CREATION MODE to a FEMALE RECEPTIVE MODE.

In the RECEPTIVE mode, one is loving, grateful, nurturing, calmly expectant and content, as well as confident enough to stay in the moment.

Notice how this is very different than someone wishing, hoping, praying, obsessive, checking, doubting, and hyperactively changing one’s mind, desire and focus.

To create, one must have commitment, not a “jumping around” indecision or interest.

Be, think, feel, speak, do, are commands for Universal Manifestation.

Once we have become someone who is Source and Creates or “Has” what they want, we think, feel and speak a certain way.

We must be Creators, Creators who have and are “Centred in Source” versus Creators who are wanting, desperate and feeling separated and alone.

The first part of Creation is build-up and release (as referenced by the crossbow analogy we spoke of earlier).

The second part of Creation is GESTATION. Now GESTATION doesn’t have to be long. However, regardless of the time frame of it, we must be in a receptive, deserving ownership mode.

With many things we manifest, the gestation period is very short. In fact, if things are taking a long time it’s usually because of our present level of consciousness.

We must Hold and Guide the Energy till it is Returned in Concrete Form. The Master said previously that we must “hold firm.”

My take on that is a “gentle ownership”.

So don’t hold on too tight. In fact set it and forget it and go about your daily life and have fun and enjoy this “ gestation process”

The Vision is the “fourth dimensional equivalent” or the “energetic equivalent” which is the MOULD or BLUEPRINT for the External Third Dimensional Form.

It is what many Masters call the "Real Reality of the Form", whereas the third dimensional equivalent is just a temporary form which can go away over time.

So once that ENERGETIC PATTERN IS CREATED it will be FORM, like forms they use for concrete, so while the PHYSICAL EQUIVALENT'S COMING INTO OUR SUBJECTIVE ENVIRONMENT WE NEED NOT MESS WITH THE CREATED FOURTH DIMENSIONAL PATTERN FORM.

Otherwise we will send a mixed message or cancel our order essentially.

So "Persistence" means here we basically don't change or mess with image feeling form so we keep a persistent commitment and decision of the essence of what we want till a matching form shows up in our environment.

So you might be wondering what do we do on the physical third dimensional plane in the meantime?

If you have been trained in the Competitive Adversarial Paradigm, you will want to "run around like a chicken" and spend a lot of emotional energy pleading, wishing and hoping something external will grant you your desire.

These are "Grand Wasters of Time & Energy."

Well, however, you can't blame yourself if you automatically start doing these things because we are so used to trying to force things, and fight for things.

We go after things that are not highest and best (ego and stimulus response desires) and/or we go after things with the wrong mindset (fear based) and things don't work out, and we get upset and feel victimized.

We usually try harder and harder, and eventually if we don't how to be a success in a given area of life, we give up and become DEPRESSED, and eventually "Burned Out."

Along the way we have a lot of blame, resentment, hurt, guilt, shame along with a whole bunch of emotions and basically make ourselves and those around us miserable.

Many times we fall prey to people, books and systems that claim to have the answers for us and some of us spend years trying new variations on old themes.

If advice is predicated on Struggle and Fighting for something then you know it's not of “Higher Consciousness.”

In fact, I have seen people approach Metaphysics because they did not succeed at other personal development success theories.

Some of these folks thought Metaphysical answers would be quicker and easier, which they are if you approach these laws with the “Right Mindset & Consciousness.”

A lot of people get into Metaphysics after they have had some big crash or crush in their life.

This is good in a way, because usually people who were “ground up” by the System and Relationships and now are burned out and pretty discouraged by how things have gone would normally just give up and live a “life of quiet desperation.”

Metaphysics gives them a renewed sense of hope and power.

So eventually people tire of using competitive methods, such as winning with influence and manipulation, and then they take their ball and go home and go into metaphysics to see if there is another way.

After a certain point people just don't want to spend all that energy struggling to get what they want at the cost of their health and or peace of mind.

The Reality is that when you use these Principles with the Right Mindset & Understanding then you can “Create the Life & Relationship of Your Dreams” with out struggle and strain.

You also learn how to manifest what is highest and best for you and not waste your time with Ego Based desires.

However, there are usually some folks that misunderstand the Big Picture of this Universal Dream Machine System and approach it with a "Competitive Adversarial Mindset."

Now, when they realize that there are Universal Laws and that they are the Source of Power, they feel like they now have a bigger stick to wield over others.

However, they find that this still doesn't work and, in fact, like me get a bunch of "boom-backs."

Well, guess why?

The REASON is the MOTIVATION AND MINDSET is based on Fear, Greed, Lust, etc.

They don't realize that all people have FREE WILL and that the system doesn't work on SPECIFIC forms or people or source of good.

Most people do not understand the basic laws of life and how the Universe is set up.

People are still Competitive, trying to create a specific form or outcome while using Universal Methods versus Attracting and Allowing Highest and BEST to synchronize.

We attract forms that reflect our highest and best essence desire.

So if you target a specific form or person with Universal Principle you may experience a major boom-back, falling apart and or let down.

People struggle with the concept of "Let go and let the Universe Handle the Details" versus the old system of forcing things into Reality.

We are the Power and Creator of our Subjective Reality versus the Victim of Circumstances.

If you are like many on the metaphysical path and You are pursuing some specific form or person in a relationship, and if it doesn't work out you feel like a victim.

You then lose confidence in your Self and the Universe because you feel the Law doesn't work for you, so you take your ball and go home.

However, it's not Universal Law & Principles' fault. It's how you use it.

If you are using it with hope, desperation, fear and other negative and fear-based emotions and feelings, then the Universe will send you back nothing or at best a duality.

You cannot control a specific form or person, because all forms and people have FREE WILL.

You can get the “Essence of what you want” in form and/or person that is highest and best for you based on your present level of consciousness.

I cover this off in more depth in the *True Love on Demand* Package and the other material we give out in our blogs and promotions.

So the Key is to be Gently Persistent in your knowing that the Universe will deliver in Divine Time what is “Highest & Best for You.”

Actually many times I don't have to wait, I get what I want extremely fast because I am really “Detached” and in the mindset of “Ownership & Deservability,” and as well I know I will be guided to “Highest & Best Now.”

Principle 13

Supply Your Sustained Effort with Life Force Nutrients

The Master is pretty clear on this point.

“The next requirement is something I call your nourishment, or reserve. Very few peoples are really capable of sustained effort, and that the reason why we have comparatively few outstanding successes.

“You have learned that your great power lies not on the surface, but deep within your being, in your Inner Mind. Average people live on the surface, unaware of their great inner power. They place what little faith they have in the Outer Mind, and they are governed by its false reports. As a result, they are constantly in a turmoil of confusion, strife, and strain until they succumb, discouraged and disheartened, broken in health and spirit.

“Why is this so? Why is it such a common belief that people who accumulate wealth have to pay dearly for it with their health and vitality? Because, as I have told you. When they focus their efforts upon a given objective, they automatically transfer a portion of their vital life force to it. This is all very well and necessary, but if they continue this practice without replenishing that life force, without nourishing themselves, they become drained, and the results are always some kind of trouble.”

Man, I can really relate to this. By 27 I was a multi-millionaire. By the time I was 32 I has lost my wife, my health and my money. I was broke in spirit and had obliterated my career. I was lost, disillusioned and heartbroken.

Because I did not understand many of the teachings of the “Message of A Master” at that time, I became very discouraged and in this wretched state for over a decade.

The Master continues:

“It is your rightful heritage, your birth right, to have anything that you desire, without limit. Those things that you desire were put here for you to use and enjoy. If not, why are they here? And since only you can be conscious of your own individual desires, those things were placed here specifically for you.

“Yes, you can have riches and position, and health and happiness as well, when you know the Law of your being and cooperate with it.”

In Chapter 14 the Master gives a list of words that provide you nourishment for your life force and will give you all the strength you need for doing the internal work necessary to create what you want in life.

Go to the Book now and read them over.

I recommend you highlight and/or make your own list of words that really resonate with you.

The Master speaks of using the words without using the “I am” until you are at a point of being confident with stating a word or experience with the great I AM, which is a CREATIVE FORCE.

As with focusing on one definite set objective while doing this exercise, one must keep the Outer Mind from wandering by keeping it on track should it stray off course.

The words work below the surface and will provide a strong foundation for all the work you are doing.

Another tip or secret is that you will find at times, waking up and giving your head a shake wondering if this is all too weird.

This will happen if you are surrounded by people and society who are totally programmed by society to fight, struggle and accept scarcity as their reality.

It’s good to “mastermind” with other “like-minded people” who understand the Message’s Principles and those who are learning and studying the Law of Attraction and ideas presented in the movie “The Secret.”

As you integrate these ideas and principles they will become as natural as breathing, sleeping, walking and dreaming.

Principle 14

Your Path to Success & Prosperity is Unique

I have seen so many books tout a formula to success and money by showing students how one person made their fortune or how one could make a fortune in a given endeavor.

Well, that's a great waste of time following these other people's formulas and/or specific recipes.

We are all unique and the Universe guides our path, and really all we can gain from these types of books and programs is inspiration and possibly illustration of a few general principles or practices.

Really you must follow your Soul.

The messages of men and information are secondary. I really have learned that lesson, especially in recent years.

My Higher Self never lets me down. However, the information from man has.

Listen to the Master's teaching on this point.

"Each individual that is given the fundamental principle of the Law will work it out somewhat differently, according to his or her own particular inherent nature. I have purposely avoided referring to my method, so that you might have your own freedom of interpretation, and freedom to make your own decision. But I want to give you a hint on how I work, though I have to advise you not to let this influence or change you in your particular method. You cannot attain mastery by patterning yourself after another, or by following custom or tradition. Sheep and plodders do that. Masters and Leaders never do."

Now I have made a million dollars a few times.

Should I give you the formulas on how I did this? You are probably saying, "Yes."

Would it benefit you? Probably not.

Do you like Renovating Properties and running several businesses? Well, if it's not your cup of tea then my method won't work for you.

I have attracted my Ultimate Soul Mate.

Do you want the particular details on how I did this? Or would you rather have “THE” principles that create this and that you can apply to your situation?

I saw Melody in the hall outside of the lecture theater. Does that help you in attracting your Highest and Best Soul Mate? Probably not.

You could hang out in lecture theater hallways for years and not meet your Soul Mate.

The Key is understanding “Principles” that you can Apply now in your unique and specific situation.

Principle 15

The Master's Strategies for Creating Powerful Visualizations and Holding the Outer Mind in Line

Here the Master gives a great technique for Visualization that creates a “Sensory Rich Environment” and includes all the natural things that will go along with your Ultimate Desire.

It's also a great summary of the “Secret Formula” he uses for Manifestation.

“A painting would be a dull, uninteresting thing if the artist, in featuring a great oak tree, failed to include its natural surrounding of grass, brush, flowers, leaves, and possibly sky and clouds. The artist creates a faithful reproduction of nature. Our methods are similar: While he places his picture upon a canvas, I place mine within. He places the oak upon a canvas and gives it its natural surroundings. I do the same. To bring his picture forth, he concentrates upon it to the exclusion of all else that would tend to draw him away from his purpose. So do I. At times something in the external world suggest the picture to him. At other times inspiration suggests it. It's the same with me. A hundred things in a day many come up to distract him and attempt to draw him away. But his picture is of paramount importance. He does not resist

those distractions, but gives them their due attention and returns to the picture. Just so with me. When his picture is completed, he begins another.

“Here’s a concrete example: If I desire the presence of my assistant at this moment, I see him before me in the picture of my mind, surrounded by what is within my vision here. Soon after, the image ‘out-pictures.’

“Were I to desire wealth, I would surround that picture with everything I instinctively feel would accompany that wealth, all the conditions and possessions that I would naturally want to include. If necessary, I would get my suggestions from the out picturing or externalized picture of another’s success. I would go about my duties as usual. It matters little what I appear to be doing in the outer world. It matters a great deal what I am doing within.”

“If I were a beginner and desired, for instance, a new automobile or home, I would select a picture closely resembling the one I desired from a magazine and place it where I would see it frequently. This hold the Outer Mind in line and hastens the out- picturing of my idea.”

We run a program called “Life by Design” where people use writing, visualizing and dream boards to get clarity on what people want. It’s a very effective system because clients are able to picture what they want easily with out any confusion or doubt. Once they have created clarity they can effectively send out these ideas to Source so they can get back a confirmation of what is a “True Soul Desire and Highest and Best for them.”

We have had tremendous success with clients in this area.

The best tip I can give you from this experience is to learn how know whether an image or picture resonates with your soul.

It’s an easy, gently, comfortable, light, energizing feeling without any feeling of excitement or pressure or rushing to get it.

If you are not sure, then let the image go and the Universe will edit it. You will get back a “Vision” which will detail what is Highest & Best for You.

The Universe will usually give you a “complete picture or video clip” that contains everything you need to support the desire.

The Garden Analogy

How a Seed of Desire becomes a Blossom of Reality

In Chapter 15 the Master summarizes the Creative Process of Manifesting anything You Want by comparing his process to that of a seed germinating in the ground. He also gives you here the formula to attain a major goal by creating momentum to achieve all the little steps to success.

Hear his words.

“All the desire in the world will get you nowhere; what is necessary to do first is to establish a set definite objective firmly within.

“So, after much thought, you decide on one supreme goal. Even if it is distant, be assured that it can be attained. What is your first step? If you have your own business, is it a definite increase in monthly volume? Or, if you are an employee, is it a promotion with an increase in pay? Define your first and nearest goal in the direction of your supreme objective.

“When the first objective is reached, what then? Set another one beyond that, immediately. Why? Because of the peculiar nature of the Outer Mind is to drop back into inertia after achieving an objective.

“Once you have attained that valuable momentum, maintain it. Cling to it. And as the momentum increases, the steps in your progress become more rapid, until eventually it’s possible to reach an objective almost immediately.”

I have personally experienced this kind of momentum I many areas of my life where I have achieved success.

When we have geared up we easily can knock out a series of renovation projects that, if we had to stop and start, would have taken longer and required more energy and money to create.

I experience the same thing with writing. If I keep my momentum up I and write a bit every day, the momentum creates much more than if I was stopping and starting. Overcoming initial inertia requires much more energy that shifting the momentum to the next project or target.

Here the Master encapsulates the “garden analogy”:

“The course you follow in creating your objective is exactly like the process that takes place in a seed. Once the seed is planted in the darkness of the soil, it proceeds to express or out-picture the exact picture held within its life cell and, in obedience to the law, it sends up a shoot seeking the light. At the same time, it sends down roots seeking nourishment. If, on the way up, that shoot encounters obstacles in any form, it does not attempt to force them out of its way. It travels around them. If the roots fail to find the required nourishment, it withers away. If all goes well, it blossoms forth and, having reached its goal, a seed is dripped and the process is repeated. Keep in mind that the actual process takes place in darkness, beneath the surface. It is the same with us. That is where all great and important ideas are developed.”

So the analogy is an excellent explanation of the “Creative Process.” Once we plant the seed which is “releasing the Vision” the male/creation phase is finished.

From there the nurturing/gestation/female phase continues the process.

We provide in this stage “Nourishment for sustained creation and we allow the “Forces of Nature” to synchronize the process in its own way without interfering in any way.

We gently hold the objective and “flow with the Universe” till the objective is reached.

Principle 16

Focus Gently, Flow around Resistance, Sustain Momentum

Lots of people dissipate their energy by holding on too tight with worry and attachment on getting their goal.

Others evaporate their energy and life force by checking on their progress and always looking for the appearance of their creation, instead of allowing inner forces to do their job.

As well many, deplete themselves fighting with people, places and things in an effort to change externally circumstances and blocks that may be in their way or appear to be in their way.

In addition, people do not sustain momentum because they at some point think the Universe will figure out the next step for them. This is all very unadvisable.

The Universe does its part and you have to do your part, so you have to run the ship and focus on your objective till it manifests and then you shift to the next objective.

Read the Master’s points on this principle:

“Now, are you going to constantly be glancing out of the corner of your eye to see how things are proceeding? Are you going to be wondering how the thing works, or if it really is working? Not at all. You set the objective. You planted the seed. You wouldn’t dig up a seed in your garden to see if it were sprouting. You planted and watered it, and you’re satisfied that, according to the law of its being, it will come forth. In exactly the same way, nothing on earth can prevent your objective from becoming externalized, because nothing in the world can nullify Universal Law. You plant the seed idea. You hold it there. You nourish it. You have done your part. Trust the Law to do its part.

“Will you encounter resistance? Oh, yes! Your activity creates it. Why? Because action requires reaction to support it. Resistance is the negative pole, and action or activity is the positive pole, and you need both. If there were no resistance, action would be impossible.

“Remember this great truth: Whoever or whatever it is you resist – whether in thought, word, or action, in the form of resentment, criticism, envy, jealousy, hatred, or otherwise – you most assuredly help, and waken yourself proportionately. Why? Because you have deliberately taken a portion of your precious life force so necessary to your progress, and transferred it to that person or thing. Have you ever witnessed someone becoming exhausted after a fit of rage? Exhaustion is depletion. Something went out, to the other person’s benefit and to your loss. This is an example of the transfer of life force, in a violent form.”

So we may encounter resistance in all sorts of forms. We basically ignore it flow around it and keep to our target. As we go along we need to nourish ourselves and keep faith in our “Deservability” and our innate ability to “Create what we want.”

Principle 17

Lock Down Your System Energy

If you are “locked and loaded” nothing can deter you because the Law is impersonal and will take you to your destination as does a Freeway or Canal.

If you meet resistance, it doesn't matter because that is a part of the process, whether that resistance is internal, external, person, place or thing.

Keep to your Target and tell no one. Ignore any doubts or fear or present circumstances. Your job is to keep your hand firm on the wheel and allow your Inner Mind and Outer Mind to be pointed at your port no matter what the currents.

“As you practice these teachings, what should your attitude be? What is the attitude of the wind as it speeds on its way to its destination? It recognizes no person, place, or thing as having any power to hinder it. It is impersonal. The sun shines, the rain falls, and the wind blows upon all alike. They choose no particular persons or things to help or harm.”

You are the Captain of Your Soul, The Master of Your Fate.
The Universe is behind you advocating and working for your goal.

“Kept the secret of your aspirations locked securely within you. This sets up antagonism in the Outer Mind, for it rebels against discipline and control.”

“Seeing that it is about to be deprived of its freedom, it will like a wild bull in a stockade, seek to escape by every means except the way out you have provided. I am warning you, it will bring every sort of argument it can in an attempt to convince you that your purpose is futile. It will tempt you to mention your plans and ambitions to others, to slow up your activity, to doubt the power of the Law operating to your behalf. It will try every conceivable way to thwart you. And your answer to all this will be, ‘Obey. I am your master here.’ Take the position that you are master of your being and hold your course firmly to your goal.”

Allow the Universe, Intuition and Synchronicity guide you no matter how illogical the route may appear.

“You may be led through strange places and take circuitous routes at times, but don't let that disturb you. With the wisdom of the Inner Mind at the helm, you are

being led to the quickest way, even though it may appear at times to be the longest.”

After holding the gestation “the baby will burst through” as with the “Birthing Process.”

“What is the result? When you persistently hold to your goal, and keep absolutely air-tight secretiveness, the Outer Mind finds no escape for its increasing energy, and in desperation it plunges through, like the overload of steam through the safety valve of a boiler, and your objective is reached.”

Principle 18

Practice What You Know & Be Grateful for What You Create

“To know and not to do, is not to know”, a wise man has once stated.

Your job is to get this and internalize this information so you can use it automatically. You want to become unconsciously competent or at least consciously competent at this process.

Practice what you learn and with this guide you can turn any theory into a concrete practice.

“This advice is necessary for you now as beginners, but as you grow in practice you will find that these qualities become a part of your very being. Then they function automatically, without any conscious effort at all on your part.

“We have come to the close of your instructions. Now it is up to you to go out and practice what you know. Living the Law will cause you to become the kind of individual that people notice. They will be instinctively attracted to you without knowing why, on the street and in your social and business affairs. You will become a mysterious being to the world. Don’t let this go to your head. Give thanks, in humble gratitude, to the great Supreme Power that has made this possible.”

So it is here the Master ends his “Message” and never writes any other book we know of.

I personally use many of these principles all the time.

I only differ slightly in my personal approach to manifesting and what I teach in the Wizard Apprentice programs as to what the Master outlines here.

Where I differ is that once I create the "feeling vibe" of the Vision of what is highest and best in my body and mind, and then let it go and forget about it and focus on fun things.

I occasionally think about what I am manifesting, however, only in the context of owning it and being enthused and grateful for having it.

I know all I have to do is "REVEAL IT."
The process of "REVEALING" starts with "interacting with Source" and getting back instructions.

I always listen to my "Intuition and Energy" so things that are "Highest and Best" for me show up very fast.

I understand how Universal Laws & Principles work, especially the Law of Cause & Effect.

If I am not manifesting something I can look back and see what is in my consciousness and mindset that is stopping it.

We have everything now and if we haven't revealed it in our life now then there's something in our Conscious & or Subconscious Mind that is blocking it and or I am not following Universal Law in some way.

What we are doing is taking a fourth dimensional "energy form" and drawing it into our third dimensional subjective reality as a "specific real form or person."

Is our target in alignment with a Divine Design?

If so it will manifest effortlessly in many cases, almost right away, when we meet the requirements dictated by Universal Law.

When I forget to choose or target something even if it is the next logical step, it won't manifest. The Universe demands we take responsibility for our desires and taking the next step.

At times I can skip over several “logical steps” due to a Universal Turbo Boost that I describe in one of my Audios and Handouts included in the *True Love on Demand* package.

When I manifest anything, I really make it fun and effortless. Here is an affirmation “tag line” that I use when creating what I want that I got from Marc Allen.

“In an easy and relaxed manner, in a healthy and positive way, in its own perfect time, for the highest good of all.”

Over the years I came to realize that those four words — easy, relaxed, healthy, and positive — in themselves, when repeated often, overcame a lot of my doubts and fears.

“Highest and Best” for all allows me to detach from a specific outcome or specific person or form of things to appear.

It stops me from forcing an Ego based desire into Reality. As well things that are not highest and best for me frankly don’t happen unless I force it, and if I force things usually “fall apart” and chaos is created in some way.

“Divine Time” allows me to manifest it instantly or at any other “Highest and Best for All” time.

Most (around 95%) of all my Highest and Best Soul Desires manifest with a day or so.

There is always rapid movement of synchronicity and within 48 hours I pretty much have what I want or I am pretty clear as to what is happening.

This is not just theory — this is true in my experience, and in the experience of a great many others of who I have taught and trained over the years.

You don’t have to accept this until you just try it for yourself, and you’ll see the results!

And I am here to help I am your “Field Trainer,” so if you need some clarification or direction I am just an e-mail away.

So just Go for it!

Go For & Live your “Highest Dreams.” You’ll never regret it.

As Goethe said, “Whatever you can do, or dream you can, begin it. Boldness has genius, power, and magic in it.”

We are here to live all our Dreams. This means to have Abundance in all its forms as well as the Ultimate Love & Relationship of our Life.

We are part of a great, mysterious, wondrous world, and we are here to love and serve ourselves, humanity, the whole planet, the whole universe.

That’s a great perspective and with these Principles taught by “Message of A Master” we can be part of those on the forefront of expansion “Creating a Wonderful Life for all.”

If you have any questions on the teachings of the “Message in a Master” or on our “Manifestation Systems” please contact me at Relationshipcentre@shaw.ca

Warm Regards

Dr. Robby