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## Some Thoughts on the Healing Journey

By Marshall Burtcher

Hello. I was inspired by Love to create a short PDF on Spiritual and Energetic Healing and how it reflects a Journey of becoming more of who we are versus the medical definition of "getting better". It is this understanding that creates a vast space tailored for self-exploration, expansion, release of old identities and discovery of the only Truth that matters: Your Own.

I liken this process to this metaphor:

Imagine your True Self, the Wholeness of what you genuinely are, as a solid, perfect ball. It is colored a Snow White with a glossy finish. It is amazingly stunning and beautiful and perfect. This is how you are when you are conceived: inherently Perfect, inherently Adequate, inherently Worthy, inherently Loved. These are the common facts that each person is created with.

You are taught ideas, facts, truths, and myths as you progress through your life. These address everything, including your self-worth, about your "soul", about society, about God, about your body, about "how things *should* be", about the purpose of life, about death - you are taught a very custom life philosophy both consciously and psychically.

All these teachings are like coats of paint to your ball. They are various colors, some black, others red, some a rainbow, others seemingly transparent, though it noticeably dulls the glow and purity of the original surface. These coats are applied liberally, layer by layer, thick and are dextrose. Some easily obscure the divine glow of the ball. Others distort and tint it. As these layers dry, they adhere tightly to the ball, almost as if they are permanent. It even seems they would damage the finish and perfectness of the ball's surface if removed.

You notice areas of the ball that have been left alone while looking over the ball. These few spots contain the perfect whiteness and glowing shine you remember from the beginning. You begin to realize that these unaffected spots resonate clearly with you, and connect with you. These spots represent your divinity within, and manifest in the World as Talents, Gifts, as moments of Luck and "Coincidence".

You begin to discover that your life's results are undesirable, painful, empty and you feel lost as life advances and things become "complex" and contradicting. Yet, the hope those few divine moments in life inspire you to seek out the Truth and discover how to improve and make your life carry more of those special moments. But it all seems very messy, even confusing. It is hard to see what is really going on, and to really know what the Truth is.

You begin to explore and search as you endeavor to find the truth. This process brings you to a place where you are taught that the problems and confusions are within yourself rather than being outside in the World. And as you look within, you see a blend of many things.

You see the collage of programming and conditioning. And you've discovered that these things that are not truths, are not facts, are not "the way things should be". You now want to be free of them. You want to connect back to the true source of your Being.

To your ball, this is the slow peeling off of layers. It is the journey back to your personal Truth. As layers are removed, deeper facts about yourself become known again. This is the brilliance of the ball piercing the brittle cracks in the paint, giving you hints to what is beneath. Eventually, you release that all the layers do not matter, and that there is no danger in simply removing them all at once.

Welcome back to harmony.

To conclude, this is what I do: I help you first see the layers you cannot see, and then remove those layers. Affectively, the removing of layers is akin to retrieving your Power from old wounds and circumstances that have dis-empowered you. I am a guide of such journeys, as well as a facilitator of release and organization within. Its a journey of discovery and experience!